6.7. Podcast

Podcasts create a listening experience that engages your audience in your history day topic by using voice, sounds, and interviews. Podcasts are a California-only category. NHD-CA winning podcasts will not advance to the National History Day contest in Maryland. Your presentation must follow the annual theme and include your primary and secondary research. Each podcast also includes a process paper and annotated bibliography. You can use your phone along with a variety of online platforms to edit and produce your final podcast. Your podcast must conform to the rules listed below and the general rules that apply to all categories.

**ENTRY CREATION**

- You must create and produce your podcast.
- Only you may narrate your podcast.
- Your podcast must conform to all general and category rules.
- To produce your podcast, you must have access to equipment and be able to operate it.
- You may use audio from film, recorded music, previously recorded interviews etc. in your podcast, following the guidelines for source credits in Rule G5.
- You must create Show Notes: a written list of brief citations for all sources of audio used in the podcast that were not student-created.

**STUDENT INVOLVEMENT AND OPERATION**

- You may not dramatize or re-enact historical events, figures, speech patterns (accents, verbal inflections, etc.).
- You must operate all equipment, including recording and editing equipment, used in the production of your podcast.
- Using materials created by others specifically for use in your entry is prohibited.
**TIME REQUIREMENTS**
- Your podcast may not exceed:
  - 10 minutes in length for 6th - 12th grade students
  - 6 minutes for 4th - 5th grade students
- You may not alter the speed or tempo of the podcast audio.
- Timing of the podcast begins when the first sound is heard.
- Timing does not include time used to test sound volume for judges.
- Timing of the podcast ends when the last sound concludes.

---

**WRITTEN MATERIALS**
- Bring additional copies of written materials to contests, as they may be needed.
- Refer to your Contest Coordinator for submission instructions.
- Scripts must not be given to judges or attached to your required written materials.

---

**SOURCE CREDITS**
- Show Notes - a written list, in order of appearance, of brief citations for all sources of audio used in the podcast that were not student-created.
- Annotated Bibliography - all sources used in the development and research of the podcast, including music, audio clips, sounds, interviews, must be properly cited in your annotated bibliography. See: [nhd.org/annotated-bibliography](http://nhd.org/annotated-bibliography).

**NOTE:**
- Elementary Division, 4th-5th grade students, in the podcast category are only required to annotate five of their sources.